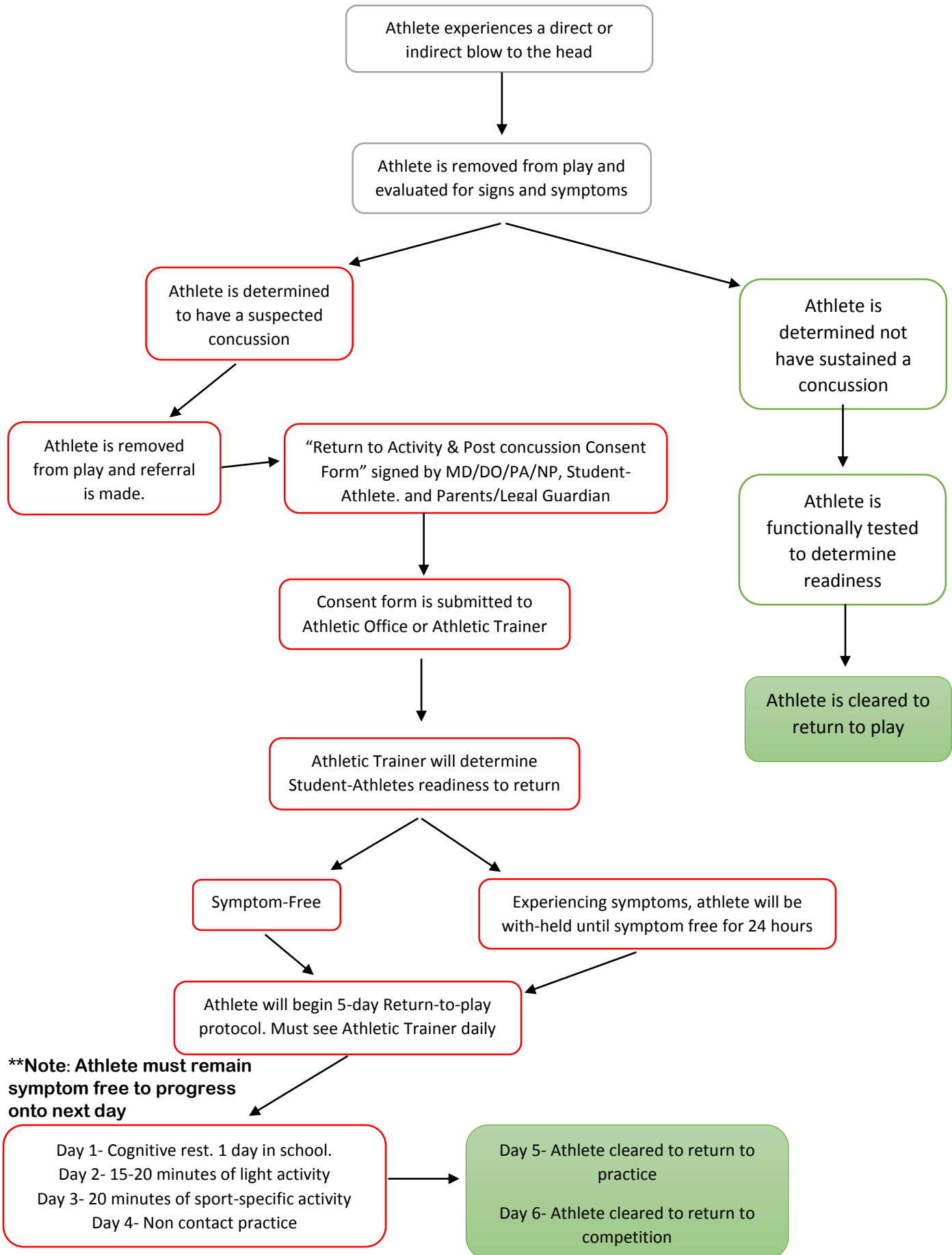


# Concussion Return-to-Play Protocol



**Please contact the Athletic Trainer if you have any questions, comments or concerns. Athletic Trainer does have final say on readiness to return athlete. All referred athletes will return through the 5-day protocol.**

## **References and Additional Resources**

Broglio SP, Cantu RC, Gioia GA, Guskiewicz KM, Kutcher J, Palm M, Valovich TC. National athletic trainers' association position statement: management of sport concussion. *J Athl Train*. 2014;49(2):245-265

<https://www.mhsaa.com/Schools/Health-Safety-Resources/Heads>

[https://www.cdc.gov/headsup/providers/return\\_to\\_activities.html](https://www.cdc.gov/headsup/providers/return_to_activities.html)

[https://www.cdc.gov/headsup/pdfs/custom/headsupconcussion\\_fact\\_sheet\\_for\\_parents.pdf](https://www.cdc.gov/headsup/pdfs/custom/headsupconcussion_fact_sheet_for_parents.pdf)

[https://www.cdc.gov/headsup/pdfs/highschoolsports/athletes\\_fact\\_sheet-a.pdf](https://www.cdc.gov/headsup/pdfs/highschoolsports/athletes_fact_sheet-a.pdf)

[https://www.cdc.gov/headsup/pdfs/highschoolsports/middleschool\\_athletes\\_fact\\_sheet-a.pdf](https://www.cdc.gov/headsup/pdfs/highschoolsports/middleschool_athletes_fact_sheet-a.pdf)